

INTENTIONS FOR HEALING DEPRESSION

Rev. Mary “Mo” Wheeler, Ph.D. with the Energy Healing Partners Team¹
8/18/17, many revisions – This is most the recent 2/6/19.

We have used many of these intentions to heal depression with beneficial results. Comments included feeling more grounded, less anxious, more comfortable on the planet, and having more organized thinking, better expression of emotions, better sleep, and being more realistic about abilities.

“M Infinity O’s” – You are asking for *unconditional love (M) into infinity in all there is (O)*, and the work of the Energy Healing Partners Team that cannot be refuted will be manifested for you, if needed. You only need to say it once. Here it is done three times; special emphasis is needed as it is installed in *M Infinity O’s*.

For the statements that say, “I want this intention manifested,” Mo points to the statement and simply asks for the unknown intention to be manifested, sometimes asking for a particular helper to participate. Because the issues are so ancient, there probably aren’t any words to describe what is being requested, and we can’t possibly understand what they are. Nevertheless, Spirit knows what is being asked for and uses their connection to Mo to carry them out through her sounding.

For intentions in the Living System, know that you do not need to understand the intentions for them to be manifested. If you want more information, see <http://healingforearth.com/downloads-learning> – #18.

Because there is a statement related to the DNA, Mo needs to be *heard or seen* saying the intentions, in order for them to be carried out completely. A “short form” is available on YouTube. Thus, the following list is for your information only. The statements in the short form on YouTube are included at the end of this list of intentions.

1. Mourning Dove, I want this intention manifested.
2. I want the gift of intentionality to promote being an effective creator of positive choices.
3. I want elimination from the hologram of the biosphere disturber that causes feelings of restlessness.
4. I want an improved ability to concentrate in the presence of distractions.
5. Water Symphony, I want this intention manifested.

¹ With special gratitude to Rev. Jennie Anderson, Nancy Brennan, Merrill Cook LMT, Rev. Rebecca Gurland, Rev. Charlotte Hunter, Faye Nadler, and Rev. Lisa White, who have assisted with this work.

6. Crow, I want this intention manifested.
7. I want healing for the loss of body functions or parts.
8. I want free will to be used to make choices that are for the highest good.
9. I want this intention manifested.
10. I want healing for feelings of inadequacy, and I want self-worth restored.
11. I want the Intentions to Support Healing for Post-Traumatic Stress.
12. In the Living System, I want the Adapter of the Potentiating System to send the appropriate message to transform all unhelpful feelings related to depression.
13. I want the time it takes to heal compressed for the highest good.
14. I want the frequency of the herb or essential oil that will be most helpful.
15. I want these intentions in M[∞]Os ["M Infinity O's"].

[Individual says, "For myself and all my parts—from the smallest to the largest, in all body parts with consciousness, and in all time/space and in-between, I want irrefutable M[∞]Os."]
16. I want gravity to be absolutely 100% pure in this time/space and in-between.
17. I want healing of all past lives and correction of resulting irrational beliefs.
18. I want healing for negative feelings that began before time
19. I want healing for all losses and replacement only with fond memories.
20. I want the intentions for *Heart Mind Healing*.
21. I want fallibility accepted as part of the divine plan, and assumptions set aside.
22. I want these intentions in M[∞]Os ["M Infinity O's"].

[Individual says, "For myself and all my parts—from the smallest to the largest, in all body parts with consciousness, and in all time/space and in-between, I want irrefutable M[∞]Os."]
23. I want unconditional love for those who have crossed over to the Light and I want it to be reciprocated for the highest good.

24. In the Living System, I want the Encoder on net 33 to upgrade the language from Linus to Translative System Language before re-entering the Receiving System and being completely re-processed from the Producer through its return to the Associator.

25. I want healing for all traumas.

26. In the Living System, I want the net from the Output Transducer of the Receiving System to the Input Transducer of the Comparator System to be in Translative Systems Language.

27. I want peace, understanding, and unconditional love.

28. I want healing for guilt.

29. When depression is present, I want all energies that block this healing eliminated and removed from all affected individuals and the unseen at all levels in this time/space and in-between.

30. I want elimination of all energies that block this healing, and I want them removed from all affected individuals and living beings and from the unseen at all levels in this time/space and in-between.

31. I want souls energetically related to earth's inhabitants and unable to cross over to the Light, healed and able to cross over to the Light now.

32. Crow, I want this intention manifested.

33. I want these intentions reactivated in the future as needed for the highest good.

34. I want the button that triggers sadness to trigger gratitude instead.

35. I want the intentions translated to make this absolutely 100% permanent in the omniverse and this time/space and in-between.

36. I want depression healed.

37. I want an end to poor appetite or overeating, insomnia or hypersomnia, low energy or fatigue, low self-esteem, poor concentration or difficulty making decisions, and feelings of hopelessness.

38. I want appetite and sleep needs to be fully met in ways that are for the highest good.

39. I want to be effective and productive in the work I do.

40. I want systems reset.

41. Thyroid, I want this intention manifested.

42. Turkey, I want this intention manifested.

43. I want these intentions in M[∞]Os ["M Infinity O's"].

[Individual says, "For myself and all my parts—from the smallest to the largest, in all body parts with consciousness, and in all time/space and in-between, I want irrefutable M[∞]Os."]

44. I want healing for the loss of loved ones and family members.

45. I want all doors to "that time" insulated, closed, sealed, and locked to all that is less than absolutely 100% pure.

46. In the Living System, I want all stored negative thoughts cleared from the physical cells and the physical Smaller Than Smaller Thans; I want clearing to occur from the Higher Self, from the Associator of the Receiving System and from the Comparator System; and I want the time it takes compressed.

47. I want one of the lessons learned to be the ability to put unpleasant memories in the past, remove anxiety about the future, and stay in the present.

48. I want a total phase shift.

49. I want these intentions manifested multidimensionally and completely, in the hologram, and in all time/space and in-between.

50. I want all cells healed and connected with Spirit, and I want Spirit to want this intention.

51. I want healing for depression, and I want this healing to go through Mo's Kabbala energy.

52. I want all Pleiadian doors and in-between doors insulated, closed, sealed and locked to all that is less than absolutely 100% pure; and I want energy clear and balanced.

53. I want the intentions manifested in all living beings and all their parts—from the smallest to the largest—and in all body parts with consciousness, as needed for the highest good.

54. In the Living System, I want all Evaluators in the Comparator System to recognize and cancel unconscious associations to senses that arouse a prey-response.

55. In the Living System, I want trauma-induced associations from the Associator of the Receiving System to recycle through the Transmitting System on the net to the Message Composer, and I want the Message Composer to make a designation based on additional information from the current reality of the situation.

56. Guidance, I want the forces of heat, spin, light, pull, water, sound, and rhythm to be absolutely 100% pure.

57. I want the need to reproduce disconnected from all with Pleiadian energy as predominant, for the highest good.

58. I want the pituitary gland of all with Pleiadian energy as predominant or in one of their parts or the hologram to be able to say "no" to the vibration of blue wavelength 443nm for the highest good.

59. I want DNA movement to be down the vertical.

60. I want predictability to be neutral, I want faith in the divine plan, and I want assumptions set aside.

61. I want all areas of need in the body to be provided with appropriate stem cells for the highest good.

62. Emerald Green.

I want gratitude for all our helpers, both seen and unseen.

Text to go with YouTube:

Healing Depression and Asking for M[∞]Os (M infinity O's)

Rev. Mary "Mo" Wheeler, Ph.D. and the Energy Healing Partners Team
Short Form - 3/27/19

"M Infinity O's" – You are asking for *unconditional love (M) into infinity in all there is (O)*, and the work of the Energy Healing Partners Team that cannot be refuted will be manifested for you, if needed. You only need to say it once.

Check out the web site at healingforearth.com/downloads-learning, with easy access to this and other work by the Energy Healing Partners Team.

(Because there is a statement related to the DNA, Mo needs to be *heard or seen* saying the intentions for healing depression in order for this to be effective.

1. I want DNA movement to be down the vertical.
2. I want these intentions in M[∞]Os ("M infinity O's").

[Individual says, "For myself and all my parts—from the smallest to the largest, in all body parts with consciousness, and in all time/space and in-between, I want irrefutable M[∞]Os."]

3. I want healing for depression and feelings of inadequacy, and I want self-worth restored.

Healing Depression and Asking for M[∞]O's (M infinity O's)

(What is in brackets was not included in the taping for Youtube.)

I'm Mo Wheeler...and in 2004, I founded Energy Healing Partners, a nonprofit corporation made up of volunteers and helpers—both seen and unseen—who are dedicated to co-creating with Higher Power to improve your health and well-being.

The statements you will hear all begin with the words, "I want...." Here, the "I" is the universal oneness that we all are.

I have been given the gift of translating the words into sounds that Spirit can use to manifest our requests. My sounding is *completely* spontaneous.

You may not understand the statements or the sounds—and, often, I don't either. Fortunately, we don't need to understand them to receive their benefit.

Before I start, I want you to know that the sounds that come through me are very powerful—and might even be called "primitive." This could be upsetting to some, so parental discretion is advised.

Also, please don't play this video in your automobile.

This video is to help with Depression [and ask for "M Infinity O's."

With "M Infinity O's," you are asking for *unconditional love (M) into infinity in all there is (O)*, and the work of the Energy Healing Partners Team that cannot be refuted will be manifested for you, if needed. You only need to say it once.]

We have used many of the intentions to heal depression with beneficial results.

Comments included:

- feeling more grounded and less anxious,
- having more organized thinking,
- being better able to express emotions,
- and having better sleep.

Because there is a statement in the Long Form related to the DNA, I need to be *heard or seen* saying these intentions in order for them to be carried out completely.